

Respect Whom God Has Made

Lesson Plan for Jr. High & High School



Lesson Objective: Learning to respect and honor ourselves and others by actively opposing bullying and teasing and being a true friend to others.

Necessary Supplies: Paper to write on, a pencil, a Bible

Suggested Scripture Readings: Luke 10:26-27, Sirach 6:1-17

Keywords and Vocabulary: Racism, bullying, gangs, retaliation, respect/disrespect, fairness, just treatment, courage, initiation, compassion, faith in action, bystander, violence, cooperation, consequences, omission, knowledge.

Introduce the first part by reading Luke 10: 26-37.
Discuss what stood out to you in the reading and why

Part One – Discussing Bullying and Teasing

Begin: Have your child write down their answers to some of the following questions.

- 1) What does it mean to tease someone?
- 2) What does it mean to bully someone?
- 3) Do either of these activities go on in your school/online?
- 4) What can be done to stop it?
- 5) What does it mean to treat others with respect?
- 6) What does it mean to treat others with fairness,
(disregarding things like race or social status)?
- 7) What does it mean to be a bystander to acts of bullying or teasing?
- 8) Why is that a sin of omission?

Discuss their answers.

Final Task: Say a prayer together for someone you know that is has been bullied or teased.

Introduce the second part by reading Sirach 6:1-17.
Discuss what stood out to you in the reading and why

Part Two – Defining true friendship

Begin: Have your child describe their best friend. What makes them a true friend?

A good answer should look like: *A true friend will stand by you on “good or bad” days. A good friend understands your weaknesses, things that you are not “so good” at, and they seek to help, support, and care for you in them. A true friend will tell you to stop when you do (or are about to do) something wrong, because they care about you.*

Continued: Have your child write down their answers to some of the following questions.

1. Write about a time when a friend let you down?
2. Write about a time when a friend stood up for you?
3. True friends will tell you when you have done something wrong and help you make the situation better. Write about a time a true friend did this for you.
4. What are some good things that you do to be true to your friends? Write about it.

Discuss their answers.

Final Task: Say a prayer together for someone you know that is in need of a true friend.